

THE AMANAH OF PARENTHOOD

RAISING RESILIENT MUSLIM CHILDREN



WHY ATTEND?

- Learn how to raise children with the emotional resilience to face failure, disappointment, peer pressure, and adversity.
- Discover how to strengthen your child's Muslim identity and sense of belonging without making faith feel like another source of pressure.
- Understand when protecting our children helps them and when overprotecting them may actually prevent them from developing resilience.
- Explore how to respond when children question faith, resist religious expectations, or struggle to fit in while keeping communication and connection strong.

CORE THEMES

- **Raising Resilient Children** - Building emotional strength without removing every struggle or disappointment.
- **Faith & Identity Under Pressure** - Helping children remain confident in who they are as Muslims even when they feel different.
- **From Compliance to Conviction** - Raising children who choose faith when parents are no longer watching.
- **Navigating a Changing World** - Preparing children for peer pressure, social media, comparison, questioning, and influences we cannot always control.



FEATURED BREAKOUT SESSIONS

- **I Don't Want People to Know I'm Muslim** -
Belonging, identity & confidence in faith
- **When Protecting Them Makes Them Fragile** -
Failure, resilience & healthy parental support
- **Faith Is Becoming a Battle** -
Boundaries & raising children who choose faith
- **My Child Doesn't Appreciate What They Have** -
Gratitude, comparison, entitlement & compassion



Sunday, September 27th



4:00 PM



Al Ayn Office - First floor
1601 Industrial Blvd,
Sugar Land, TX 77478

Register Now!

al-ayn.org/parenting/Houston